

SPRING BUILDING HOURS:

Monday – Thursday	5:00a.m. – 10:00p.m.
Friday	5:00a.m. – 9:00p.m.
Saturday	7:00a.m. – 9:00p.m.
Sunday	1:00p.m. – 9:00p.m.

SPRING WATERPARK HOURS:

Monday – Friday	4:00p.m. – 7:00p.m.
Saturday	11am-3:00p.m. & 4-8:00p.m.
Sunday	1:00p.m. – 5:00p.m.

CHILD SITTING HOURS:

Monday – Friday	8:00a.m. – 8:00p.m.
Saturday	9:00a.m. – 1:00p.m.

*These activities are not officially affiliated with Williston Public District 1 or any other schools.



www.willistonparks.com
Williston, ND 58801



Please visit
www.willistonparks.com

YOUTH BASEBALL PROGRAMS

PARENT/CHILD T-BALL

AGE	DATES	DAYS	TIMES	PRICE
5	6/4-7/11	Mon/Wed	5:30-6:30pm	\$19.75
6	6/5-7/12	Tues/Thurs	5:30-6:30pm	\$19.75

Early-bird Deadline: June 1st

LITTLE LEAGUE

AGE	DATES	DAYS	TIMES	PRICE
7	5/21-7/11	Mon/Wed	5:15-6:30pm	\$33.75
8	5/21-7/11	Mon/Wed	5:15-6:30pm	\$33.75

Early-bird Deadline: May 19th

CAL RIPKEN LEAGUE

AGE	DATES	DAYS	TIMES	PRICE
9-10	5/1-6/28	Tues/Thurs	5:30-8:30pm	\$32.75
11-12	4/30-6/27	Mon/Wed	5:30-8:30pm	\$32.75

Early-bird Deadline: April 1st

BABE RUTH

AGE	DATES	DAYS	TIMES	PRICE
13-15	5/1-7/31	M/T/Thurs	TBD by Coach	\$33.75

Early-bird Deadline: April 16th

CAL RIPKEN/BABE RUTH ALL STARS

AGE	DATES	DAYS	TIMES	PRICE
9-12	5/1-7/31	Mon-Sun	TBD by Coach	\$100.00
13-15	5/1-7/31	Mon-Sun	TBD by Coach	\$84.50

Early-bird Deadline: April 16th

OILERS/KEYBIRDS

The Oilers and Keybird schedules will be online soon! Come out to the ballfield and join us for a game this summer!



WHAT'S NEW?

NERF WARS (AGES 4-11)



March 23rd. This Mom vs. Son event is for those that want to have some fun! We will have a selfie station, snacks, target practice and action in the battlefield under the black lights! Challenge some friends or just enjoy the night bonding as mom and son.

KIDS NIGHT OUT (AGES 2-12)



April 6th. Or should we say, "Parents Night Out?" Drop your child off with our staff from 5:30-8:30pm for a pizza party, games, crafts, and more! Ages 2-4 will spend their time in Child Sitting while the others will participate in different activities throughout the ARC.

DADDY/DAUGHTER DANCE (AGES 3-12)



May 5th. Our annual Princess Premiere (ages 5-12) has always been a special event! We will again have the Butterfly Ball (ages 3-5) for our smaller princesses. Crafts, food, dancing, photographs and the Grand March will be a part of this amazing night!

BAKKEN XTREK (AGES 5-99)



Aug 18th. Who's ready for MonDak's dirtiest mud race yet? We will have the 5K Bakken Xtrek for individuals/ teams /families as well as the Kids 1 Mile Mud Run. Of course there will be some new obstacles and it's always fun for all ages!

Please visit www.willistonparks.com to register.

ADULT FITNESS

PRENATAL FITNESS

DATES	DAYS	TIMES	PRICE
4/3-5/3	Tues/Thurs	5:00-6:00pm	\$43.00
5/15-6/14	Tues/Thurs	5:00-6:00pm	\$43.00

Early-bird Deadline: 2 days before program

STROLLER BOOTCAMP

DATES	DAYS	TIMES	PRICE
4/2-5/3	Mon/Wed/Thurs	9:30-10:30am	\$57.40
5/28-6/21	Mon/Wed/Thurs	9:30-10:30am	\$57.40

Early-bird Deadline: 2 days before program

BOOT CAMP

DATES	DAYS	TIMES	PRICE
3/19-4/27	Mon/Wed/Fri	5:00-6:00am	\$84.50
3/19-4/27	Mon/Wed/Fri	6:00-7:00am	\$84.50
3/20-4/26	Tues/Thurs	5:00-6:00am	\$57.75
3/19-4/27	Mon/Wed/Fri	9:00-10:00am	\$84.50
3/19-4/26	Mon/Tues/Thurs	6:00-7:00pm	\$84.50

Early-bird Deadline: March 17th

TRX CORE

DATES	DAYS	TIMES	PRICE
4/23-5/16	Mon/Wed	4:30-5:30pm	\$45.00

Early-bird Deadline: 2 days before program

*Don't forget! There is a \$10 program discount on the fitness classes if you have a membership!

ADULT PROGRAMS

VOLLEYBALL LEAGUE

DATES	DAYS	LEVEL	PRICE
3/19	Mon	Women's Advanced	\$169.00
3/20	Tues	Co-Rec (3 levels)	\$225.00
3/21	Wed	Women's Intermediate	\$25.00
3/22	Thurs	Women's Beginner	\$225.00

Early-bird Deadline: March 11th

YOUTH CLASSES

ME & MY BUDDY (AGES 2-4)

DATES	DAYS	TIMES	PRICE
4/11-5/16	Wed	10:15-10:45am	\$15.75
4/7-5/12	Sat	11:15-11:45am	\$15.75

PRESCHOOL MOVE N GROOVE (AGES 3-5)

DATES	DAYS	TIMES	PRICE
4/9-5/14	Mon	10:15-10:45am	\$15.75

YOUTH BOOTCAMP (AGES 10-15)

DATES	DAYS	TIMES	PRICE
3/19-4/12	Mon/Wed/Thurs	4:15-5:15pm	\$45.00

TYKE TIME (AGES 2-5)

DATES	DAYS	TIMES	PRICE
3/22	Thurs	9:00-10:30am	\$5.00

CHILD SITTING (AGES 6 MNTHS - 7 YRS)

Come visit our Child Sitting Department! We are open 6 days a week for parents who need the time to get in a workout or play a game with friends. Sessions are 90 minutes long. There are daily and monthly specials available.

Please follow us on **Facebook** and **Instagram**!
You can also sign up for the **eUpdate** which will be emailed to
You with new program information every 2 weeks.



OTHER PROGRAMS

SWIMMING LESSONS



Please see a list of Swimming Lessons online. We have many different levels and sessions to choose from! Our next session starts March 19th. You are welcome to put your name on the waiting list and we will let you know if more sessions open due to numbers.

TYKE SWIM (AGES 0 - PRESCHOOL)



This parent/child program is only \$3 a child. Join us every Tuesday and Friday from 9:00-11:00am at the waterpark for some fun in the water! This is a great opportunity to get your child more comfortable or to just spend time splashing with their friends!

WALK WITH EASE PROGRAM



Come try out our NEW "Walk with Ease" Program! This program is intended to help reduce pain and improve overall health. Classes begin March 26th and the cost is only \$5.00. You've got nothing to lose, only something to gain!

WWW.WILLISTONPARKS.COM

WHAT CAN I FIND ON THE WEBSITE?

- Registration links for program and events
- Schedules (ARC, Fitness classes, Water Park and Aquatics)
- General Information

YOUTH ATHLETIC PROGRAMS

YOUTH GOLF

AGE	DATES	DAYS	TIMES	PRICE
8-14 Beginner	6/12-6/21	Tues/Thurs	9:00-10:00am	\$27.25
8-14 Advance	6/12-6/21	Tues/Thurs	10:15-11:15am	\$27.25
8-14 Beginner	7/10-7/19	Tues/Thurs	9:00-10:00am	\$27.25
8-14 Advance	7/10-7/19	Tues/Thurs	10:15-11:15am	\$27.25

Early-bird Deadline: Registration open until spots are filled

YOUTH SOCCER

AGE	DATES	DAYS	TIMES	PRICE
3-4	3/17-4/14	Sat	10:00-10:50am	\$21.75
5-6	3/17-4/14	Sat	11:00-11:50am	\$21.75

Early-bird Deadline: March 14th

YOUTH SOFTBALL

AGE	DATES	DAYS	TIMES	PRICE
7-8	5/1-6/28	Tues/Thurs	5:15-6:30pm	\$28.00
9-10	5/1-6/28	Tues/Thurs	5:15-6:30pm	\$28.00

Early-bird Deadline: April 28th

TRAVEL FASTPITCH

AGE	DATES	DAYS	TIMES	PRICE
9-18	5/1-7/21	TBD	TBD	\$61.90

Early-bird Deadline: April 15th

YOUTH TRACK & FIELD

AGE	DATES	DAYS	TIMES	PRICE
6-8	4/3-4/28	Tues	5:30-6:30pm	\$11.30
9-14	4/5-4/28	Thurs	5:30-6:30pm	\$11.30

Early-bird Deadline: April 2nd

YOUTH VOLLEYBALL

AGE	DATES	DAYS	TIMES	PRICE
3-4 Gr.	3/26-4/28	Mon/Wed	4:00-5:00pm	\$29.00
5-6 Gr.	3/26-4/28	Mon/Wed	5:15-6:15pm	\$29.00

Early-bird Deadline: March 19th